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LOVE'S LABOURS

IN THE ERA OF ONLINE DATING, OLD-FASHIONED MATCHMAKERS PROMISE A PERSONAL TOUCH PAGES 4 & 5

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A HALE OF A NIGHT

Members of Halestorm, from left, Joe Hottinger, Lzzy Hale, Arejay Hale and Josh Smith, mug for the cameras backstage after winning a Grammy Award for best hard rock/metal album for Love Bites (So Do I) at the 55th annual Grammy Awards on Sunday in Los Angeles. For more Grammys coverage, turn to page 8 or go to metronews.ca. MATT SAYLES/INVISION/THE ASSOCIATED PRESS

Leonardo of all trades

Flying machines? Check. Musical instruments? Check. A new interactive exhibit at the Saskatchewan Science Centre puts the genius of Da Vinci front and centre PAGE 3

Snowstorm wreaks havoc

'We've never seen anything like this,' says one Long Island, N.Y., official after parts of Canada and the U.S. Northeast were hit by a deadly blizzard PAGE 6

Come on and stir-fry it up

Try shrimp, asparagus and egg with a tangy Asian-inspired sauce PAGE 11

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Da Vinci exhibit explores one of the world's greatest minds

Saskatchewan Science Centre. More than 200 pieces featured, among them 75 life-size replicas

JEFF MACKEY
jeff.mackey@metronews.ca

The new exhibit at the Saskatchewan Science Centre brings to life the pages of Leonardo Da Vinci's notebooks in an unprecedented way.

Da Vinci — Inventions explores the ideas of one of the world's greatest minds and includes replicas of his inventions, art, engineering and much more.

Among the more than 200 pieces the exhibit features are 75 life-size Da Vinci machine replicas, some of which had never before been created.

What's more, many of these replicas allow for an interactive experience, bringing centuries old ideas to life.

"It is really a family experience where children and adults can come together and explore some of the inventions and look at some of the paintings up close and personal," said Sandy Baumgartner, executive director at the Saskatchewan Science Centre.

Gideon Coderre and Emma Boyko test a Da Vinci machine replica that explores the idea of perpetual motion. JEFF MACKEY/METRO

According to Baumgartner, while the pieces may range from war machines and flying inventions to bicycles and musical instruments, there is a common theme running through all the work.

"What I would see as a common theme is his ability to see the world around him, see how things work and still be curious, inquisitive and never stop learning," said Baumgartner.

"As you go through them (the inventions) you will see that there are often modern day counterparts, like the wind turbine, the tank or the ball bearings," said Baumgartner.

Da Vinci — Inventions, created by Garnde Exhibitions in Australia, with help from Leonardo Da Vinci experts from Italy and France, has already travelled around the world and has now made its way to the prairies. Tickets for non-members of the Saskatchewan Science Centre are $20 for adults. For members it's $10. The exhibit opened on Saturday and will be closing April 28.

Romance alive, well and traversing the city

Lynn Lowes sings in the Living Skies Chorus, a barbershop quartet who deliver singing valentines.
JEFF MACKEY/METRO

Romance is alive and well in Regina, and if the Living Sky Chorus get their way, that romance will be delivered right to your doorstep.

The Living Sky Chorus is a group of gentlemen who sing in a barbershop quartet. Each Valentine's Day they hit the streets delivering singing valentines, along with a red rose, chocolates and a card.

"We will go out and sing two songs to anybody, anywhere in the city. Be it a man, woman, child, grandpa or grandma," said Lynn Lowes, a member of the Living Sky Chorus since 1980.

Quoted

"Some people think, 'Ohh, how could he embarrass me so bad', while others think, 'Oooh, that is so nice' ... Usually the ones who are embarrassed are surrounded by their fellow officer workers, but all the office workers are actually jealous." Lynn Lowes, member of the Living Sky Chorus

"When Valentine's Day comes on a weekend, we have had up to 75 valentines over a Friday, Saturday, Sunday," said Lowes.

Lowes said that he has delivered valentines to police chiefs, firefighters, even an MLA or two. People's reactions to their singing valentine while at home or at work also vary greatly.

"Some people think, 'Ohh how could he embarrass me so bad,' while others think, 'Ooh that is so nice," said Lowes. "Usually the ones who are embarrassed are surrounded by their fellow office workers, but all the office workers are actually jealous."

Songs include romantic classics like Let Me Call You Sweetheart, Heart of My Heart and a rendition of Caroline titled Valentine.

A singing valentine costs $40 or $50 if there is a specific time you would like it delivered. To order, call 306-584-8468 before Tuesday at noon.

JEFF MACKEY/METRO

Creative Saskatchewan?

Filmmakers say new Sask. creative fund too little too late

The Saskatchewan government is creating a new agency they say could help the province's film industry, but some filmmakers and political critics say it's too little too late.

A bill will be introduced this spring to establish Creative Saskatchewan, which will make grants of up to $60,000 available to production companies and artists from a variety of disciplines.

A $1 million transition fund will back projects until the agency is launched later this year.

The move is seen as compensation to the provincial industry, which was hit hard by the elimination last year of the film employment tax credit.

But Holly Baird, president of the Saskatchewan Media Production Industry Association, says it's not even close to a replacement for what was cancelled.

Since least year, many production companies have left the province.

Shayne Putzlocher of Trilight Entertainment says they are now doing the same.

"The decision was actually easy, because if we wanted to continue being producers and making movies, it only made sense that you had to go to another jurisdiction," he said.

"Saskatchewan is no longer an option."

Trilight is currently working on a movie telling the story of the tragic 1986 bus crash that killed four members of the WHL Swift Current Broncos, but the film will be shot in Alberta.

Culture Minister Kevin Doherty said Creative Saskatchewan was created with industry consultation.

He admitted there were mistakes made in how the film tax credit was eliminated.

"I apologized to them in person for the process," he said. "I think the process was lacking."

But Doherty said it's time to move forward.

"We think it's a great day in Saskatchewan for our creative industries."

THE CANADIAN PRESS/GLOBAL REGINA

The object of your affection deserves something more tangible than hastily arranged zeroes and ones. THINKSTOCK

The lost art of analog amour

Allow us to resubmit for your approval a treasured artifact of romantic history: The love letter.

In the Facebook era, it's the height of romance "because there is a certain level of effort behind love letters, especially because we're so wired today," said Dr. Azadeh Aalai, a psychology professor at Montgomery College in Montgomery County, Md. "If you're sending a text, you don't know if it's being sent to multiple people. How many people even know the addresses of their friends and acquaintances?"

Records of love letters have been found as far back as Ancient Egypt, and as recently as every other pop song. A love letter is measured against the all-time-best examples of the form by its ability to flatter the recipient and reveal how the sender feels about that special someone — and, most importantly, by whether it has been penned by hand.

"People still appreciate having something tangible," said Tracy Steinberg, a dating coach and flirting expert based in New York. "I'm not dismissing the value of a sweet text or email, but there is something nice about having a letter that your lover gave you."

Science supports this. Aalai said that there's a different psychological connection made when a person sees a written signature versus a typed name. On top of that, the short hand and acronyms we use while typing doesn't hold the same "prose and beauty" of the written word.

Dianne Gottsman, a national etiquette expert and the owner of the Protocol School of Texas in San Antonio (yes, that place really exists), said that the difference between a handwritten love letter and an email is similar to the difference between showing up to a date with your hair combed and a clean shirt versus showing up with messy hair and a wrinkled shirt

"For a special occasion, it feels much better to receive something that you've put more effort into," she said.

MICHELLE CASTILLO/
METRO WORLD NEWS

Learn from the masters

Great moments in love-lettering

Dr. Azadeh Aalai, a psychology professor, analyzes two classics of the hallowed form.

Marlon Brando to Stewardess

Dear Lady —

There is something not quite definable in your face — something lovely, not pretty in conventionally thought of way. You have something graceful and tender and feminine.

You seem to be a woman who has been loved in her childhood, or else, somehow by the mystery of genetic phenomena you have been visited by the gifts of refinement, dignity and poise. Perhaps you cannot be accredited with all that.

Irrespective of your gothic aspects, you have passed something on in terms of your expression, mien and general comportment that is unusual and rewarding.

It's been a pleasant if brief encounter and I wish you well and I hope we shall have occasion to cross eyes again sometime.

Best wishes
Marlon Brando

Dr. Aalai says:

"The spontaneity of Brando to a woman he didn't even know was noteworthy and I think adds the dimension of spontaneity or the unexpected to a love letter. It doesn't have to be to someone you know intimately; it can be to someone you feel a fleeting connection to that you want to notice you or to let them know they have been noticed."

Frida Kahlo to Diego Rivera

Diego, my love,

Remember that once you finish the fresco we will be together forever once and for all, without arguments or anything, only to love one another.

Behave yourself and do everything that Emmy Lou tells you.

I adore you more than ever.

Your girl, Frida
(Write me)

Dr. Aalai says:

"Frida's letter struck my fancy because of the kiss she left with the lipstick stain — very tangible and sexy and passionate. And hers was short but tender and sweet."

MATCHMAKER,

Traditional dating. The ancient art of matchmaking is alive and well, even in today's digital world

ANNALISE KLINGBEIL
Metro in Edmonton

Krystal Walter was fed up.

"It's just been a complete nightmare," the 30-year-old said.

Walter's search for love led her online at first, and then on dates with men that "didn't have legal jobs" and even a doctor who, according to her research, had a suspended medical licence.

"You don't want to go on a date with someone and Google them and find out horrible things," Walter said.

Spending $2,000 on an unsuccessful visit to a professional matchmaker was the breaking point that spurred Walter to venture into an old-fashioned profession and start her own matchmaking company.

She's hopeful her clients, who range in age from 25 to 45, will have better luck in their search for Mr. or Mrs. Right through her recently launched Edmonton-based company, Krystal Walter Professional Matchmaking.

Walter personally meets every client and each must undergo an interview and complete a background check before they're matched.

Carmelia Ray is an Ontario-based matchmaking specialist who believes matchmaking is a great option for singles looking for an alternative to finding love online.

Ray said the majority of clients she sees have dabbled in online dating and realized it's simply not for them.

"Some of them have been very frustrated with online dating so they're turning to a matchmaker," she said.

Ray listed the lack of safety and security online, and time needed to sort through profiles, as reasons why some singles find it difficult to locate the perfect match through online dating websites.

Amanda Meyer is leery of the online dating scene. While she didn't turn to matchmaking, she found her man in a similarly "traditional" fashion.

After meeting her future husband through a mutual acquaintance, they spent several months as friends before starting to date. They're celebrating their seventh wedding anniversary this month.

"There was a nice progression. We were friends first, so we were comfortable and we knew each other," Meyer said.

"We always sort of joke we don't even really have a dating anniversary because it really was sort of a transition between friendship to dating."

Meyer said she has friends who've given online dating a try and while she's not against meeting your potential future spouse through the Internet, she thinks it can be "a little sketchy."

"People put up profiles and they can advertise themselves falsely, whereas I knew him and I knew where he worked and I knew he wasn't lying and wasn't false advertising himself."

In-person meetings are still essential, according to matchmakers.

Melissa Brown is president of It's Just Lunch, an international company that uses matchmakers to pair clients — who are typically busy professionals — on lunch dates.

The business began in Chicago more than two decades ago in a pre-Internet age and since then, "it's just con-

Quoted

"Call us old-fashioned, call us what you want, but we take a very personal approach to dating."

Melissa Brown, president of matchmaking company It's Just Lunch

Advice, free of charge

First-date dos and don'ts

Whether you meet online, through a matchmaker or in the lineup at the grocery store, once you snag that first date it's important to make a good impression if you want to get to date No. 2.

Matchmakers Carmelia Ray, Krystal Walter and Melissa Brown offered these tips:

Do talk about interests, hobbies, family, vacation spots and other appropriate first-date topics. "Not diving into political discussions or talking about ex-relationships," Brown recommended.

Do be on time. "First impressions are really everything," Brown said.

Do keep the first date short. "Chances are you'll find out halfway through the dinner if you're interested," Walter said.

Don't text or email a lot before the date. "Just get on the phone and make a date," Walter said.

Don't be negative, Do be positive. "I think attitude is a really important tip when it comes to dating," Ray said.

Do mind your manners. "Gentlemen, play the role of a gentleman; and women, be lady-like," Ray said.

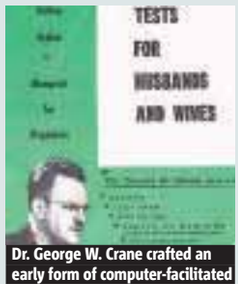
METRO

The way we were

A history of dating services

Dating goes higher-tech. BIBLIOARCHIVES/LIBRARYARCHIVES/FLICKR

- **1700:** The first personal ads are placed in British newspapers to match singles in their early 20s.
- **1941:** A statistics-based dating/matchmaking service is opened in Newark, N.J.



Dr. George W. Crane crafted an early form of computer-facilitated dating. FOUNTAINCOUNTY.ORG

MAKE ME A MATCH

Good-old-fashioned matchmakers say online dating can't compare to the personal touch they offer. HEATHER MCINTYRE/METRO

tinued to grow," Brown said.

"Even with the introduction of the Internet and online dating services, you still really truly cannot have that chemistry unless you meet someone face-to-face. Call us old-fashioned, call us what you want, but we take a very personal approach to dating," she said.

The act of matchmaking itself is certainly old-fashioned. Long ago, professional matchmakers worked in Jewish communities in Eastern Europe and Russia, as famously portrayed in the musical Fiddler on the Roof. Matchmakers also existed in traditional Japanese and Chinese cultures.

At It's Just Lunch, clients meet for a confidential interview with one of the company's dating specialists, who are trained matchmakers, before being paired with other clients.

The matchmakers even arrange the details of the date, meaning clients, who range in age from their 20s to their 50s and whose professions include doctor, lawyer, teacher and entrepreneur, simply show up for their lunch date.

"It's casual, it's stress-free and it's relaxed. Within an hour you can pretty much get an idea if you want to see that person again," Brown said.

For Walter, matchmaking is about quality over quantity.

"Some people like to have the quantity. That's one thing that draws people to online dating," she said.

Most matchmakers meet their clients in person and do background checks, meaning potential dates are screened in a way that's not possible on many online dating websites.

Ray added that in today's digital world, matchmaking is a sound option for singles who don't want to spend their time clicking through profiles online.

"Online dating obviously has helped matchmakers," she said.

- **1957:** Dr. George W. Crane creates a computer dating service, where applicant forms are processed by an early IBM card-sorting machine.

The Dating Game
WIKIMEDIA COMMONS/ABC

- **1965:** The Dating Game, where one woman questions three men she can't see, debuts on TV.
- **1980s:** Video dating, where users create a video of themselves to be viewed by other customers, gains popularity well into the 1990s.

Video dating
BEIGEALERT/FLICKR

Tomorrow: The rise of online dating sites and services

THE COURSE TO TRUE LOVE NEVER DID RUN SMOOTH

PERSONAL PERSPECTIVE
Darren Krause
darren.krause@metronews.ca

I experimented with Lavalife once. For two weeks. Nearly 10 years ago.

It was right after I separated from my first wife. Go figure.

It involved clicking through a catalogue of best-foot-forward photos after inputting search parameters to weed out the logical mismatches.

While it was free to wink, I had to pay to play, so-to-speak. I paid about $20 once to charge up my Lava credits so I could make contact with prospective matches via email or instant message.

This resulted in the arrangement of a sporadic but cordial instant-message conversation. I suspected the person on the other end was engaged in a couple of IMs at the same time, with responses only coming every few minutes.

I ended my online love exploits shortly thereafter. Traditional dating was going to be more my speed. It was just more "me."

What I feared about online dating was its impersonal feel. It was orchestrated; it lacked that natural spark two people have upon first encounter. I feared I would be "matched" instead of loved.

Just not feelin' it

"What I feared about online dating was its impersonal feel.... I feared I would be 'matched' instead of loved."

Post-separation I went to a Halloween party. Of course, a man had to have a standout costume to get noticed. I dressed up as a milk carton, my face on the back like that of a missing person. The costume was a conversation piece and garnered enough attention from a young woman that it turned into a phone number, a first date, then romance for a few months. It didn't last, but the meeting was comfortable and intriguing. It was natural. Most of my senses were engaged in the process. What I feared about online dating was that in those areas it was lacking.

Shortly thereafter a barista at a southwest Calgary coffee shop caught my eye. I went in most days, always hoping she would be there. It took months of awkward eye contact and the occasional "large Paradiso, no room" for me to muster the courage to ask her out.

We ended up dating for several months.

In the short time I was online dating I never felt that rush of adrenaline. I was shopping for a mate in a giant virtual black book. Binary code forces were matching me instead of cosmic ones bringing people into my life.

Today, I'm happily re-married. I wed a woman I had already known for 15 years. Our lives had intertwined in numerous ways, including the death of her first husband and us living together platonically. We had a history, we had chemistry and now we have two kids.

As a traditional-dating advocate, I always worried I would never suffer the beauty of courtship (failed or otherwise) by submitting to online dating.

While the search for online romance grows in popularity, the end result remains the same: Love.

I can't say whether you get sweaty palms, butterflies and dry mouth when meeting an online date in person for the first time — I never did meet up with anyone via the World Wide Web.

Instead I sought chemistry, a painstaking progression with all the emotional and physical response that goes with the uncertainty of putting yourself out there.

I felt it was something a computer just couldn't match.

The search for love took our columnist online before he decided to opt for the more traditional route. CHINA PHOTOS/GETTY IMAGES

Liberal leadership

MP wants to help indebted students

Liberal leadership hopeful Marc Garneau would do away with the current requirement that post-secondary students begin paying off student loans six months after graduation.

The Montreal MP would give students an indefinite grace period, requiring graduates to start repaying loans only after they've found work paying $40,000 per year.

THE CANADIAN PRESS

Struck by falling net

Boy, 9, killed in hockey accident

A nine-year-old boy is dead after an accident at an outdoor rink in a municipality northeast of Montreal.

Quebec provincial police say the boy was playing hockey alone at around 9 a.m. Saturday when a hockey net fell on top of him. Two municipal workers in Saint-Severin found the boy lying on the ice, underneath the net. THE CANADIAN PRESS

Digging out after the storm

Keith Tobin hauls a bucket of snow down the street while shovelling out his car in Boston, Sunday.
WINSLOW TOWNSON/THE ASSOCIATED PRESS

Dangerous weather. At least 11 deaths in the U.S. and four in Canada were blamed on the snowstorm

About 310,000 homes and businesses remained without power Sunday as the U.S. Northeast and Canada dug out from a blizzard that dumped up to a metre of snow on the most densely populated part of the region. The death toll was at 15.

Some motorists had to be rescued after spending hours stuck in wet, heavy snow. Utilities in some hard-hit New England states predicted that the storm could leave some customers in the dark at least until Monday.

"We've never seen anything like this," said county official Steven Bellone of New York's Long Island, where hundreds of drivers had been caught on highways by Friday's fast-moving storm. Local police said Sunday that all known abandoned cars were searched and no one needing medical help was found.

At least 11 deaths in the U.S. and four in Canada were blamed on the snowstorm, including an 11-year-old boy in Boston who was overcome by carbon monoxide as he sat in a running car to keep warm while his father shovelled Saturday morning.

Roads were impassable, and cars were entombed by snow drifts. Some people couldn't open the doors of their homes.

Heavy stuff

"It's like lifting cement."
Michael Levesque, who was shovelling snow in Massachusetts.

Blowing with hurricane-force winds, the storm hit hard along the heavily populated corridor between New York City and Maine.

New York City's three major airports — LaGuardia, Kennedy and Newark, New Jersey — were up and running by late Saturday morning after shutting down the evening before. Boston's Logan Airport resumed operations late Saturday night.

Most of the power outages were in Massachusetts.

THE ASSOCIATED PRESS

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wwsk.ca
Offer valid until March 2, 2013
weightwatchers
Offer is valid only in Alberta and Saskatchewan. First and subsequent weekly meeting fees apply. Offer may vary in At Work & Community Service Meetings. *Plus GST. Offer not valid for on-line subscription products. No cash value.

Boring banknotes: BoC nixed images of minorities on bills

The Bank of Canada considered celebrating gay marriages, black hockey players and turban-wearing RCMP officers on its new plastic banknotes — but eventually nixed them all in favour of the more traditional images of a train, a ship and a monument.

Internal documents show that focus groups and a Bank of Canada team reviewed a series of currency images intended in part to reflect the diversity of Canada's population, particularly the country's varied ethnic character.

Images that were considered included a Chinese dragon parade, the swearing in of a new citizen, Toronto's annual Caribbean festival, children of different ethnic backgrounds playing hockey or building a snowman, and a person in a wheelchair playing basketball.

The image catalogue was drawn up in 2008 by The Strategic Counsel, a market research firm hired for $476,000 to help the bank decide how to illustrate its new series of polymer $5, $10, $20, $50 and $100 bills. The first note, the $100, began circulating in November 2011.

The $100 bill was the first in the Bank of Canada's new series of polymer banknotes. A market research firm hired by the bank found strong support for illustrating the plastic currency with images reflecting Canada's diversity. But in the end, traditional images such as a train, a ship and a monument ended up on the banknotes. THE CANADIAN PRESS FILE

Drawing on focus-group discussions and workshops with Canadians in six cities, the consultant found strong support for themes of "diversity, inclusiveness, acceptance of others/multiculturalism." Eventually, 41 image ideas covering several themes were tested and given scores.

Many images proposed at the start of the process did not make the cut. Rejected were illustrations of a gay marriage, an RCMP officer wearing a turban, and "hockey with a twist ... with a black player."

THE CANADIAN PRESS

What made the cut

- The $5 note will show robotic arms built for space programs and the $10 note, a train. The $20 note depicts the Vimy Ridge memorial in France, while the $50 has a picture of an icebreaker.

NO SENSE IN THE SENATE

URBAN COMPASS
Paul Sullivan
regina@metronews.ca

Denise Batters, congratulations!

You have just won the lottery. The prime minister has appointed you to the Senate, where you will join such esteemed legislators as Mike Duffy, Mac Harb, and (if he's acquitted of all charges pending) Patrick Brazeau.

You will receive a base salary of $132,000 until you are 75, and as you are currently 42, that's at least $4,356,000. Not to mention the perks that go with the job, such as the living allowance currently in the news thanks to the shenanigans of Sens. Duffy, Harb and Brazeau.

I should point out before I go much further that I have nothing against Denise Batters. If anyone should be appointed to the Big Rock Candy Mountain, it might as well be Ms. Batters, Regina's well-known legal stalwart and mental health advocate.

You could even argue that Ms. Batters is more qualified than Mike Duffy or fellow Saskatchewan Sen. Pamela Wallin, who were, before they won the lottery, journalists. Now Sen. Duffy sneaks out through the kitchen to avoid journalists, which is indicative of how far he has come.

Reform, right?

Canada, last time I checked, is a democracy, which leads you to wonder why our upper house is made up of appointed, not elected, political bag men, hacks, organizers, and other back-room boys and girls.

The sad fact is no one should be appointed to the Senate. Canada, last time I checked, is a democracy, which leads you to wonder why our upper house is made up of appointed, not elected, political bag men, hacks, organizers, and other back-room boys and girls. Frank Mahovlich, one of the mandatory retirees being replaced by Ms. Batters, was appointed for being a Toronto Maple Leaf, and he is not the most egregious example of a frivolous appointment. Patrick Brazeau, who has done more to hasten the abolition of the Senate than any dedicated democratic reformer, wins that prize.

But let's not dwell on individuals. Let's step back and marvel at the absurdity of the entire circus.

The Senate costs the nation approximately $100 million a year.

It meets for 69 days. How many people do you know who make at least $132K a year to work two days out of 10?

Senators are appointed at the whim of the prime minister. PM Stephen Harper, a long-time advocate of Senate Reform (remember the Triple E Senate? Elected? Equal? Effective?), appointed Sen. Brazeau, whose only distinction to date (apart from being the only senator currently facing criminal charges of sexual assault and assault) has been a punching bag for Justin Trudeau.

There are 105 senators. Saskatchewan has six. Prince Edward Island, alleged home province of Sen. Duffy, (because for years, he has voted in Ontario) has four. P.E.I. has a population of 140,000. If you feel badly under-represented, how about B.C., which has a senator for every 685,581 citizens?

Fortunately, the Senate is the opposite of Effective, so no one really cares.

We should care. This is a travesty of democracy. It should be abolished, but as that requires a constitutional amendment in the land of Meech Lake and Charlottetown, fuggedaboudit. Ms. Batters, I suspect, will get to enjoy her entire 33-year windfall.

Denise Batters, a Regina lawyer and a senior figure in the province's Crown Investments Corp., has been appointed a senator for Saskatchewan.
SEAN KILPATRICK/THE CANADIAN PRESS

Waterspout something to sea

ISABELLE FILIPPINI/SOLENT

Ocean view

Phenomenon a yacht to take in

It's every sailor's nightmare, but for everyone else a waterspout makes for a jaw-dropping photo.

Here, off the coast of the French island of Corsica, a colossal whirling vortex appears perilously close to a small yacht drifting on the Mediterranean.

Quick-thinking vacationer Isabelle Filippini grabbed her camera to capture the spectacle.
METRO

Waterspout facts

- **Formation.** Created when layers of cool air blowing over the water cause warm, moist air to surge up from underneath.
- **Not sea water.** For a long time, scientists thought the revolving mass of water in a waterspout was in fact from the sea — it's actually a spray of cloud water or condensation.

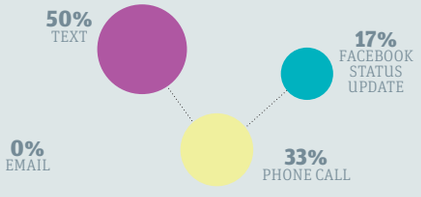
Shutter-happy

"My family and I had been admiring the sea, despite the low clouds. Then, all of a sudden one of the clouds was pointing towards the sea and I realized it was forming a tornado. I was amazed as the waterspout touched the sea."
Isabelle Filippini, 43, from Paris

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

What's your preferred communication method for setting up a date?



Twitter

@DarrenSproat:
As convoluted and strange as this may sound, #YQR, the sign that reads "No Stopping Anytime" means, GET THIS, No stopping anytime...

@WY6UY:
This city hasn't been the same since Great Canadian Bagel closed their doors. No bagel maker stacks up. #yqr

@GeekLeX:
It's refreshing to see that the the American North East is now familiar with the weather in #YQR

@BunnyBody88:
2013 JUNO Awards In #Saskatchewan Regina. A Night for Canadian Artist to Shine Bright!! This years host #MichaelBubble. Can't Wait

@dirty_al:
I can't wait to meet someone who also brings a pair of slippers to parties. That's my jam. Where are you soul mate?!

metro

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SCENE 2

Looking fine in a Suit & Tie

Justin Timberlake makes a return to the stage at the Grammys on Sunday night. GETTY IMAGES

Grammy Awards.

Canada's Drake takes home award for best album, while Justin Timberlake tests out new material on stage

Critically lauded R&B crooner Frank Ocean won his first-ever Grammy trophy Sunday night, while a spry Justin Timberlake returned to the stage after years away for a stylized take on two new songs.

The 25-year-old Ocean entered the Grammy Awards with six nominations for his ambitious, contemplative debut commercial release Channel Orange, and he picked up his first award for best urban contemporary album early in the show.

"I hear ... the way you disarm audiences is by picturing them naked, but I don't want to do that," the L.A.-based singer said softly.

"I want to say thank you to my mother for being the best," he added, as his teary-eyed mom was captured clapping along.

In other news, the Grammys seemed to lose Canadian Carly Rae Jepsen's number, as her earworm smash Call Me Maybe was overlooked for both song of the year and pop solo performance.

Fun.'s irrepressible anthem We Are Young instead took top song trophy, and soon-to-be 31-year-old frontman Nate Ruess had a clever crack ready.

"Oh God. I don't know what I was thinking writing the chorus for this song — if this is in HD, everyone can see our faces and we are not very young," said Ruess, whose band performed Carry On amid an impressive fake downpour.

"We've been doing this for 12 years and I've just gotta say that we could not do this without the help of all the fans we've had keeping us afloat....

"I guess we've felt like your best-kept secret. So thank you guys so much."

Taylor Swift kicked off the show with an Alice in Wonderland-inspired rendition of her hit We Are Never Ever Getting Back Together. Her outfit was reminiscent of the Mad Hatter's — a white-suit jacket, matching top hat and hot pants — while a cast of eccentrics surrounded her. Meanwhile the presumed target of Swift's scorn was fastened to a gigantic onstage bull's-eye.

Timberlake's performance similarly hit the mark.

As he took the stage, the image went suddenly monochromatic while the tuxedoed singer moved slickly while surrounded by dancers steeped in old-school L.A. glamour. After an assist from Jay-Z, Timberlake smoothly segued into another new tune Pusher Love Girl before being serenaded with an enthusiastic reaction.

Meanwhile, Adele — who swept all six categories in which she was nominated last year — won pop solo vocal performance for her Set Fire to the Rain.

"I just wanted to come and be part of the night, because I loved it last year — obviously," joked the new mother, who said backstage that new music was still a ways off.

Meanwhile, Toronto rapper Drake finally claimed his first Grammy out of 12 nominations.

The 26-year-old born Aubrey Graham took his inaugural hardware in the best rap album category, with his moody sophomore hit Take Care emerging triumphant.

THE CANADIAN PRESS

Big winners

- **Song of the year.** We Are Young, fun.
- **Rap album.** Take Care, Drake.
- **Rock album.** El Camino, The Black Keys
- **Country song.** Blown Away, Carrie Underwood
- **Dance/electronica album.** Bangarang, Skrillex
- **Best pop solo vocal performance.** Set Fire to the Rain, Adele
- **Song written for visual media.** Safe & Sound (From The Hunger Games), Taylor Swift, John Paul White, Joy Williams

Exclusively online

For a full list of Grammy winners visit metronews.ca.

Under the provisions of *The Alcohol and Gaming Regulations Act, 1997*
Notice is hereby given that 101217990 Saskatchewan Ltd
(Name of application: individual/corporation, etc)
has applied to the Liquor and Gaming Authority for a Manufacturer / Brewery
(Tavern/Restaurant/Special Use/Manufacturer)
Permit to sell alcohol in premises known as District Brewing Company
(Name of establishment)
at 1555 8th Ave, Regina, SK of which the following is a correct legal description:
(Civic address ie street/town)
(Describe accurately the location of the premises including lot, bloack and plan number and civic/street address)
Surface Parcel #111688397 Block/Par B Plan No. 70R13778 Ext 7
1555 8th Ave, City of Regina, Sk
Written objections to the granting of the permit may be filed with SLGA not more tan two weeks from the date of publication of this notice.
Every person filing a written objection with SLGA shall state their name, address and telephone number in printed form, as well as grounds for the objection(s). Petitions must name a contact person, state grounds and be legible. Each signatory to the petition and the contact person must provide an address and telephone number. Frivolous, vexatious or competition based objections within the beverage alcohol industry may not be considered, and may be rejected by he Saskatchewan Liquor and Gaming Licensing Commission, who may refuse to hold a hearing.
Write to:
Saskatchewan Liquor and Gaming Authority
Box 5054
Regina Sk S4P 3M3

Under the provisions of *The Alcohol and Gaming Regulations Act, 1997*
Notice is hereby given that China Liang's Buffet Ltd
(Name of application: individual/corporation, etc)
has applied to the Liquor and Gaming Authority for a Restaurant
(Tavern/Restaurant/Special Use/Manufacturer)
Permit to sell alcohol in premises known as China Liang's Buffet Ltd
at 3217 Eastgate Dr. Regina, SK of which the following is a correct legal description:
(Civic address ie street/town)
(Describe accurately the location of the premises including lot, bloack and plan number and civic/street address)
Lot IC Block A Plan No. 01RA20975
17 Eastgate Dr. City of Regina, Sk
Written objections to the granting of the permit may be filed with SLGA not more tan two weeks from the date of publication of this notice.
Every person filing a written objection with SLGA shall state their name, address and telephone number in printed form, as well as grounds for the objection(s). Petitions must name a contact person, state grounds and be legible. Each signatory to the petition and the contact person must provide an address and telephone number. Frivolous, vexatious or competition based objections within the beverage alcohol industry may not be considered, and may be rejected by he Saskatchewan Liquor and Gaming Licensing Commission, who may refuse to hold a hearing.
Write to:
Saskatchewan Liquor and Gaming Authority
Box 5054
Regina Sk S4P 3M3

NEED A RIDE?
Read metrodrive every Wednesday.

Taylor Swift

Country music rivals keep a distance at Grammys

Taylor Swift's love life isn't the only source of tension in the 23-year-old singer's life. She apparently also has some issues with her country music rivals. Producers at this weekend's Grammy Awards were reportedly ordered to keep Swift and Carrie Underwood "from crossing paths since they hate each other," sources tell Us Weekly. "Taylor feels Carrie is always rude to her, so she steers clear of her." Reps for the awards show, though, insist that "no requests were received from either artist."

Sheen reaches out to suspected killer

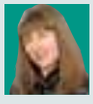
While suspected killer and former LAPD officer Christopher Dorner is still on the lam, at least one celebrity wants to help him out. Charlie Sheen, who is mentioned briefly in Dorner's lengthy manifesto, has recorded a video message reaching out to Dorner, who is being sought in the murder of three people, according to E! News. "You mentioned me in your manifesto, so thank you for your kind words. I am urging you to call me," Sheen says in the clip. "Let's figure out together how to end this thing. Call me. I look forward to talking to you." In the manifesto, Dorner writes, "Charlie Sheen, you're effin' awesome." He also pays tribute to Ellen DeGeneres, Serena Williams, Natalie Portman and Jon Stewart.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Pop goes the week

PETA demands Beyoncé's skin



STARGAZING
Malene Arpe
scene@metronews.ca

PETA is chastising Beyoncé for wearing a halftime outfit made of python and iguana. Just wait until PETA sees her costumes for the upcoming tour: a wolf bra, two pairs of dolphin-skin shoes with sea turtle heels, a baby polar bear cape (estimated amount of baby polar bears required: 12 to 17) and an Illuminatiger hat.

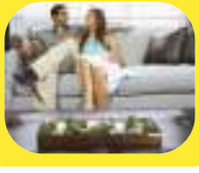
Justin Timberlake denies calling Britney "bitch." Says Justin, "Can't a person have a conversation about World War II and the British blitz?"

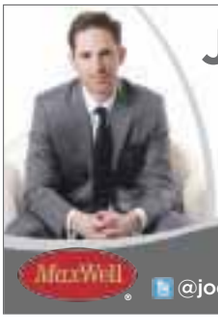
Alexander Skarsgard and Jack McBrayer are observed having lunch together. Which explains the sudden weird upsurge in Kenneth the Page and Eric Northman fan fiction.

Dolce and Gabbana releases a fragrance exclusively for babies. Great Szantorwx, God of Destruction, Malevolence and Infant-related Justice, Earth is ready for your ruling.

This week in Events That Make You Loathe Your Own Family Just A Bit Little Less. 1) Tanning Mom gets drunk and falls down in a nightclub. 2) Bobbi Kristina Brown asks people not to buy her grandmother Cissy Houston's "disrespectful" tell-all Remembering Whitney. 3) Three members of a Nova Scotia family are arrested for smoking and belligerence on board a flight to the Dominican Republic. 4) A Belgian tattoo artist inks his name in giant letters on his girlfriend's face one day after they met. 5) Octomom gets panicky and calls the school when she can't locate one of her kids, who is later found to be taking a nap at home. 6) Three years after they split, Christina Aguilera's husband is finally moving his stuff out of her house.

TORSTAR NEWS SERVICE

NEED COOL DESIGN TIPS?
Read metro home every Thursday.



Joel Hunter
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The DREAM BIG Contest
1 Dream BIG!
2 Submit a video by March 1st
3 Win up to $1,000
Check out:
ScholarshipsCanada.com/DreamBIG

Philippe, 2012 Winner
With the money, I was able to pay for my plane ticket to Europe along with the books I needed for a class I took this summer, before leaving. I feel very privileged to benefit from this financial boost - especially in times where we realize that only solidarity is there for the needs of many - and hope to pass forward the beautiful gesture in many ways!
SCHOLARSHIPSCANADA.com

Bullying

Canadian view

A survey by Big Brothers Big Sisters of Canada and Invesco Canada Ltd. provides insight into how Canadians view bullying.

Seventy-eight per cent of Canadians say not enough is being done to stop bullying and 94 per cent say teachers and school administrators share responsibility in trying to curtail the problem.

Among bullied Canadians, 72 per cent said they were teased in a way to humiliate and 71 per cent experienced verbal abuse and taunting. Meanwhile, among bullied Canadians who suffered lasting harm, effects included lack of confidence, low self-esteem, depression, anger management issues and poor academic achievement. METRO

Seventy-eight per cent of Canadians say not enough is being done to stop bullying. ISTOCK

Exclusively online

Mommy remembers when restaurant dining involved dropping $200 on a meal she couldn't pronounce. Now it's all about free refills, paper tablecloths and a menu featuring photos of the entrees. Follow along with the comedic (mis)adventures of mommyhood online with Reasons Mommy Drinks at metronews.ca/voices

Move over Marcia, Jan has an important lesson for parents

Failure. A classic episode of The Brady Bunch shows how vital it is to let your kids realize they aren't good at everything

IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

Like Jan on the Brady Bunch, kids have to learn that failure is a part of life. ABC PHOTO ARCHIVES

I loved The Brady Bunch as a child, but after re-watching a certain episode, I love it even more as a parent.

It featured middle daughter Jan Brady (the family's perpetual loser) trying to discover if she had a natural born talent ... for anything.

Predictably, and much to her teen despair, she failed at many different things (ballet, tap dancing, being a drum majorette, acting in the school play).

Mom Carol Brady said to husband Mike, "Poor Jan. She's really miserable. I hate to see her going through this." To which he grunted unsympathetically, "She'll have to figure it out."

I loved this. Today, do we ever let our kids "figure it out" for themselves? We constantly tell them they're good at everything, in a world where it's virtually impossible to fail a class. Or we have them participate in sports where no score is kept and no one ever loses.

On the show, it's Jan's sympathetic siblings who challenge and deliberately lose to her at a number of activities — ping pong, Monopoly. But, of course, she eventually discovers what they're doing and becomes convinced she's an even bigger loser.

Is this the risk we as parents take if we continue to prop our kids up with false praise, and an "everyone's a winner at everything" attitude?

They quickly learn the truth about their talents when they leave the house for a post-secondary education or into the real working world, where discipline and criticism can be harsh.

Preparing our children for disappointment and failure is one of the lessons we might want to have them learn at home, rather than from a disgruntled professor or angry manager.

American Idol is a great example of what can happen if you aren't honest with your children and you send them out onto the stage to fail.

My kids are terrible singers. I am a terrible singer. Their father is a terrible singer. It's just who we are, and we all know it. They won't be those show contestants who are painfully awful, but are convinced they're the next Kelly Clarkson because their mom says so.

By all means, we should be encouraging our children when they find what they're good at — we should be their biggest cheerleaders — but let's make sure we're not cheering them on to great public failure. After all, not everyone can be a perfect drum majorette like their big sister Marcia.

KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH.

Is your family feline a natural-born killer?

According to a new report, cats kill far more animals than previously believed. ISTOCK

KIERON MONKS
Metro World News in New York

Little Tiddles is fluffy, adorable ... and murderous.

A report from the Smithsonian Conservation Biology Institute found cats kill far more animals than was previously believed — four billion birds and 20 billion mammals a year just in the United States.

We spoke to lead researcher Dr. Scott Lost.

Which cats are the biggest killers and why?
We estimate that unowned cats, including barn cats, stray cats, cats in subsidized colonies and cats that are completely feral are responsible for 69 per cent of bird mortality and 89 per cent of mammal mortality. The predation rates by this group average three times greater than rates for owned cats.

How many kills might a pet cat make in a year?
The best available data suggests that owned cats kill between four and 18 birds and 11 and 30 mammals per year. This is before accounting for prey items that cat owners and researchers are unable to detect, so the numbers are probably higher. Unowned cats — because they spend 100 per cent of their time outdoors — kill 23 to 46 birds and 140 to 330 mammals per year, on average.

But we know cats are predators — why should we worry?
In the U.S., there are no native predators that are comparable to domestic cats. Thus, cats represent a novel predator and threat to wildlife. The data suggests that native bird and mammal species — as opposed to "pests" — make up the majority of the species preyed upon by cats. More research is needed to determine which species are most vulnerable to cats.

Tangy Shrimp, Asparagus and Egg Stir-fry beats takeout

This recipe serves four. NEWS CANADA

Why not break out of the typical weeknight routine and wow your family with a simple and delicious Asian-inspired home-cooked meal that takes very little effort?

With just a handful of ingredients, you can create an impressive dish bursting with exciting flavours.

The tangy Asian-inspired sauce mixed with fresh vegetables will make you swear off takeout for good.

To avoid overcooking the shrimp, make sure they are still undercooked before adding the eggs.

1. In a large non-stick skillet, heat the vegetable oil over high heat. Add the cut-up asparagus and stir-fry for 4 minutes; add the thawed shrimp and cook while stirring for 3 minutes.

2. Lower the heat, add lightly beaten eggs and them let set slightly without stirring, about 1 minute.

3. Break up the eggs with a spatula, pour in the stir-fry sauce, green onions and stir to heat the mixture through, another 2 minutes.

4. Serve on cooked rice or noodles. **NEWS CANADA/ VH SAUCES**

Ingredients

Prep time: 10 minutes
Cook time: 10 minutes

- 2 tbsp (30 ml) vegetable oil
- 2 cups (500 ml) asparagus pieces, cut into 1-inch lengths
- 1 lb (500 g) peeled medium-sized shrimp, thawed
- 2 eggs, lightly beaten
- 1 jar (355 ml) VH Szechuan Stir-Fry Sauce or the General Tao Stir-Fry Sauce
- 1/2 cup (125 ml) finely sliced green onions
- 1/2 lb (250 g) rice noodles, cooked as directed on package

Healthy eating

Choose it and lose it

ROSE REISMAN
for more, visit rosereisman.com

Canned tuna offers a fix for a quick bite. But not all tuna is created equal when it comes to calories and fat content.

Spicy Thai canned tuna on a whole wheat bagel

490 calories / 13 g fat
Read the ingredients carefully on individual meal cans as they differ, usually due to more oil. The bagel alone has more than 300 calories.

Equivalent

One Spicy Thai can of tuna on a whole wheat bagel is equal in calories to five spicy chicken tenders (battered) from Popeye's.

Tomato and onion canned tuna on a whole wheat English muffin

200 calories / 3 g fat
This variety contains less oil and an English muffin has only 100 calories.

This isn't your grandpa's Reuben sandwich

The legendary Reuben of yore was built on corned beef, but this recipe swaps it out in favour of smoked salmon.

And while it holds fast to the classic version's melted cheese, it loses the untoasted rye bread in favour of a grilled panini.

Unorthodox? Guilty as charged. Scrumptious anyway? See for yourself.

Ingredients

- 1/4 cup low-fat mayonnaise
- 2 tbsp chili sauce (the kind served with shrimp cocktail)
- 2 tbsp finely chopped dill pickle
- 1 tsp lemon juice
- Kosher salt and black pepper
- 8 slices rye bread
- 4 oz thinly sliced Gruyere, fontina or Swiss cheese
- 4 oz thinly sliced smoked salmon
- 14 1/2-oz can sauerkraut, drained, rinsed and gently squeezed to remove excess liquid
- 2 tbsp extra-virgin olive oil

1. In bowl, combine mayonnaise, chili sauce, pickle and lemon juice. Season with salt and pepper to taste.

2. Spread one side of each slice of bread with some of the dressing. Arrange half of the cheese on 4 of the slices. Divide the salmon, sauerkraut and remaining cheese among the cheese-topped slices of bread and top each with one of the remaining bread slices, spread side down.

3. In a large skillet over medium, heat the oil until hot. Add the sandwiches and something heavy (such as a cast iron skillet, flat saucepan lid, or heat-safe plate and a weight such as a can of food) to firmly press the sandwiches down. Cook for 6 minutes per side, or until golden and the cheese has melted. Cut each sandwich in half and serve right away.

THE ASSOCIATED PRESS/ SARA MOULTON, AUTHOR OF THREE COOKBOOKS, INCLUDING SARA MOULTON'S EVERYDAY FAMILY DINNERS.

This recipes serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

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The In-Credibility Factor

Name: Alex Hyssen and Andrew Lenjosek
City: Toronto
Age: 23
Occupation: Co-Founders of Koge Vitamins

THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

They had it all, successful careers, money and freedom. But Andrew Lenjosek gave up his job on Wall Street in New York and Alex Hyssen left his sales analyst job to start their own company. Their plan is to simplify the vitamin buying experience while dramatically reducing prices for consumers. Putting their life savings into the venture, they are ready to launch and the early buzz has this start-up ready to explode out of the starting gate.

Alex Hyssen and Andrew Lenjosek agree that any successful business must start with a solid and supportive team dynamic. PROVIDED

We knew we were on our way...

"When we launched our social media campaign," says Lenjosek. "Within two weeks, our outreach added more than 10,000 people to our sign-up list through our website landing page. We received dozens of emails from people who expressed support for our cause — a few even asked us about investing and/or joining the team!"

Hyssen adds, "The initial reaction of all of these people, particularly people we had never met before, proved to our team that our goals were desirable and absolutely within reach, and that we were on track to achieving them."

Action Plan:

Focus on what you're passionate about.
It's hard to find the courage to "veer off the path" and start a company from scratch when all of your friends are working in safe and stable professional jobs. When you've grown into a fully operational company, you certainly won't look back and regret taking a chance on something you believed in, even if the ride was bumpy.

Choose your partners wisely
You're going to be "married" to the people you start your company with, so getting along is a must. Pick individuals you trust and who you believe are honest. Your partners need to be willing to put everything on the line, work extremely hard and be just as determined as you in order to succeed.

Be resourceful
Reach out to everyone you know, make the choices that add the most value and focus on testing your concept before you start to unload the big bucks on features that aren't critical.

Wastewater Treatment Plant project update:

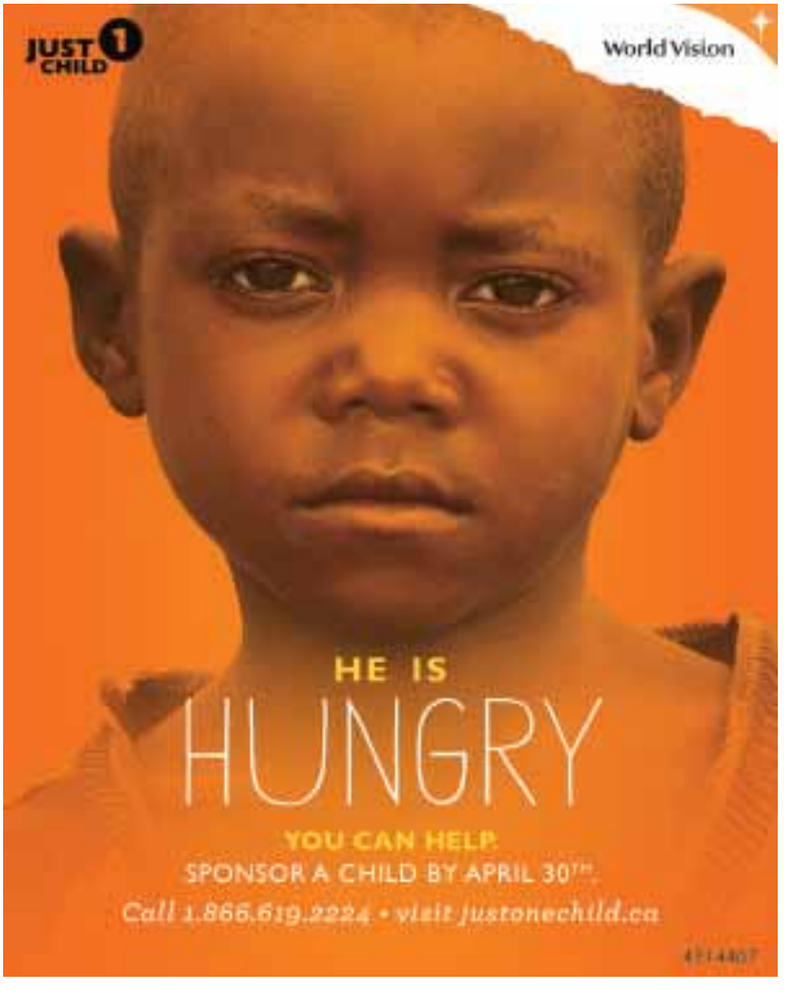
COUNCIL IS REVIEWING OPTIONS FOR UPGRADING REGINA'S WASTEWATER TREATMENT PLANT

Regina's Wastewater Treatment Plant plays a major role in protecting the health of residents, the environment and our downstream neighbours. Our aging plant requires significant upgrades in order to meet the needs of our growing population and new provincial standards.

City Administration has presented its strategies for upgrading the plant, and your City Council is currently reviewing them. To learn more about the proposed plans and the next steps for this infrastructure project, visit **Regina.ca**

Regina.ca

City of Regina | REGINA Infinite Horizons



NHL

Oilers stop 5-game slide

Magnus Paajarvi scored a go-ahead short-handed goal with 3:10 remaining and Devan Dubnyk made 39 saves as the Edmonton Oilers snapped a five-game losing streak with a 3-1 win over the Blue Jackets on Sunday night.

Sam Gagner scored into an open net and assisted on the game-winner, and Ales Hemsky scored in the first period for Edmonton, which still has earned points in four of its last six.

R.J. Umberger scored his first of the season to tie it in the third for Columbus, which lost its third straight despite outshooting the Oilers 40-14 overall and 15-3 in the third period.

Dubnyk, tracking the puck well all game, particularly on Columbus' seven power plays, looked poised for his fifth career shutout until Umberger broke through.

THE ASSOCIATED PRESS

NBA

James stays hot for Heat in win over L.A.

LeBron James scored 32 points on 12-for-18 shooting in a record-setting show, Dwyane Wade scored 30 and the Miami Heat beat the Los Angeles Lakers 107-97 on Sunday for their fifth straight win.

It was James' fifth straight game with at least 30 points, a franchise record. He also joined Adrian Dantley (1979) and Moses Malone (1982) as the only NBA players to score at least 30 and shoot at least 60 per cent in five straight outings, the team said.

Kobe Bryant had 28 points and nine assists for the Lakers.

THE ASSOCIATED PRESS

Montreal Canadien Max Pacioretty, right, shows his arm to a referee following an incident with Toronto Maple Leaf Mikhail Grabovski as Canadiens goalie Carey Price looks on Saturday in Montreal. GRAHAM HUGHES/THE CANADIAN PRESS

Will NHL bare teeth at Maple Leafs forward?

NHL. Disciplinary hearing set for Mikhail Grabovski over alleged biting incident

Quoted

"I'm very confident (he didn't bite Pacioretty). The bottom line is, it has to be conclusive."

Toronto Maples Leafs coach Randy Carlyle, on an alleged biting incident involving Leafs forward Mikhail Grabovski.

Mikhail Grabovski seems to have given hockey fans and the NHL something to chew on.

The Maple Leafs forward got a one-day reprieve when his hearing with NHL disciplinarian Brendan Shanahan over an alleged biting incident was delayed.

Grabovski and Shanahan will discuss over the phone on Monday — scheduled for 11 a.m. — just what happened Saturday in the third period when Montreal's Max Pacioretty grabbed Grabovski from behind and twisted his head. Grabovski responded by appearing to chomp on Pacioretty's arm.

No reason was given for the delay — it was originally scheduled for Sunday — but the league is certain to come to a decision before the Leafs play the Philadelphia Flyers on Monday evening at the Air Canada Centre.

Grabovski could be suspended or fined, or both. Neither Grabovski or Pacioretty spoke after the game, nor did Grabovski speak to reporters after Sunday's practice at the MasterCard Centre.

Twitter sunk its teeth into the bite debate, adding another layer to Toronto's historic rivalry with Montreal, as supportive Leaf fans incited Montreal fans with hashtags like "#Biteme" and "#FreeGrabbo."

"Sore losers, simple as that," tweeted one.

Grabovski, a former Hab, has left his mark on this rivalry. He is frequently targeted by Montreal players — the Leafs accused Brandon Prust of cheap-shotting Grabovski on Saturday night — and routinely jeered at the Bell Centre.

"This shouldn't be happening," Habs defenceman Josh Gorges said of the alleged bite. "Drop your gloves, fight, stand up for yourself."

The Leafs defended Grabovski, saying they didn't see the alleged bite, but adding he was provoked.

"I don't know what happened," said Leaf defenceman Mark Fraser. "It's the game ... in the heat of the moment guys react differently."

TORSTAR NEWS SERVICE

Gay still buzzing as Raptors swat Hornets

Toronto Raptor Alan Anderson slaps the ball away from New Orleans Hornets forward Ryan Anderson in Toronto on Sunday. CHRIS YOUNG/THE CANADIAN PRESS

Rudy Gay had a game-high 20 points and Kyle Lowry added 14 points and 10 assists as the Toronto Raptors defeated the New Orleans Hornets 102-89 on Sunday.

John Lucas scored 10 of his 19 points in the fourth quarter and Amir Johnson chipped in 14 points with seven rebounds as Toronto (19-32) won its second straight and improved to .500 at the Air Canada Centre this season (13-13).

Robin Lopez's 19 points led the Hornets (17-34), who lost for the first time in three games. New Orleans guard Greivis Vasquez had 17 points, seven rebounds and six assists.

On Sunday

Raptors	Hornets
102	89

Jonas Valanciunas, who was making his first start since missing 18 games with a broken finger, had 11 points and 10 rebounds for Toronto. Lowry's double-double was his fourth of the season.

Lucas, who had just six points at halftime, added three in the third quarter before breaking out for 10 in the fourth to match a season-high.

Gay, who came in averaging 24.3 points since his trade from Memphis, became the first Raptor to have five straight games with 20-plus points since Andrea Bargnani (Dec. 28, 2011 — Jan. 4, 2012) last season.

Sunday marked the final game between the Raptors and the Hornets franchise, who will be called the Pelicans beginning next season.

THE CANADIAN PRESS

4 SPORTS

Soccer. Ronaldo looks to steal show versus Man U

As a player who relishes being centre stage, Cristiano Ronaldo will be in his element this week when the Champions League resumes with a blockbuster last-16 match between Real Madrid and Manchester United.

United transformed Ronaldo from a prodigiously talented yet hit-and-miss winger to one of football's most devastating goal-scorers in his six years in the Premier League.

He has blossomed even further since his world-record transfer to Madrid in 2009, leaving United manager Alex Ferguson with the unenviable task of taming the player he nurtured into one of the world's most complete footballers.

Ferguson has been showering his former protege with praise in the build-up to Wednesday's match and, as a self-confessed regular watcher of Madrid's matches, will have seen Ronaldo score a 20th hat trick for the Spanish giants in a league win over Sevilla on Saturday.

"(Zinedine) Zidane was a fantastic player, (Luis) Figo was a fantastic player, but not as good as Ronaldo," Ferguson said, comparing Madrid greats of the past decade.

THE ASSOCIATED PRESS

Quoted

"He's beaten all the records there ... He is indelibly printed in their history now. Ronaldo is pivotal to everything they do."

Alex Ferguson on his protege Cristiano Ronaldo's role with Real Madrid.

Skiing

Vonn surgery 'went well,' source claims

Lindsey Vonn had surgery on her right knee that "went well" after she shredded two ligaments during a crash last week at the world championships, according to a person with knowledge of the situation.

The person spoke to The Associated Press on condition of anonymity.

Vonn tore her anterior cruciate and medial collateral ligaments last week in Schladming, Austria. She also broke a bone in her leg.

THE ASSOCIATED PRESS

Duhamel, Radford ascend to win international gold

Meagan Duhamel and Eric Radford perform during the pairs free skating event at the Four Continents figure skating championships in Osaka, Japan, Sunday. ATSUSHI TOMURA/GETTY IMAGES

Figure skating.

Virtue and Moir place second in ice dance at Four Continents

Canadians Meagan Duhamel and Eric Radford captured their first international pairs title, winning gold at the Four Continents figure skating championships Sunday.

Duhamel, from Lively, Ont,. and Radford, from Balmertown, Ont., weren't pleased with their score of 199.18 points, but it was enough to top teammates Kirsten Moore-Towers and Dylan Moscovitch.

They became the first Canadians to claim this title since Jamie Sale and David Pelletier in 2002.

"We are disappointed," Duhamel said. "We know we are capable of skating much better. We want to show an improved long program at the world championships. We felt confident going in but once the music started it just became a struggle."

Duhamel and Radford, who skated to Angel, had to fight for their landings on their side-by-side triple Lutzes.

Moore-Towers, from St. Catharines, Ont., and Moscovitch, from Waterloo, Ont., scored 196.78. They won Sunday's free skate but couldn't overtake Duhamel and Radford, who built up a lead in winning the short program.

U.S. champions Marissa Castelli and Simon Shnapir were third with 170.10 points.

Canada's two-time world ice dance champions Tessa Virtue and Scott Moir lost to American rivals Meryl Davis and Charlie White for the second consecutive competition.

Virtue and Moir had a strong start to their sizzling Carmen program, but had to stop about three minutes in when Virtue felt a cramp in her leg. The Canadians were able to resume a couple of minutes later.

"I just had some cramp in my legs to deal with. I'm glad we collected ourselves and kept pushing through the program," Virtue said.

THE CANADIAN PRESS

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NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
New Jersey	11	7	1	3	30	23	17
Pittsburgh	12	8	4	0	40	29	16
Philadelphia	12	5	6	1	29	33	11
NY Rangers	10	5	5	0	24	26	10
NY Islanders	11	4	6	1	32	37	9

NORTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	9	7	1	1	26	20	15
Toronto	12	7	5	0	34	31	14
Ottawa	12	6	4	2	31	23	14
Montreal	11	6	4	1	31	30	13
Buffalo	12	5	6	1	38	43	11

SOUTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Tampa Bay	10	6	4	0	42	27	12
Carolina	10	5	4	1	28	30	11
Winnipeg	11	5	5	1	30	37	11
Florida	11	4	6	1	25	40	9
Washington	12	3	8	1	30	41	7

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	11	9	0	2	39	25	20
Detroit	12	7	4	1	33	32	15
Nashville	11	5	2	4	24	23	14
St. Louis	11	6	4	1	38	36	13
Columbus	12	3	7	2	24	39	8

NORTHWEST DIVISION

	GP	W	L	OL	GF	GA	Pt
Vancouver	11	7	2	2	33	24	16
Edmonton	12	5	4	3	28	30	13
Minnesota	11	5	5	1	24	29	11
Calgary	9	3	4	2	25	33	8
Colorado	10	4	6	0	21	26	8

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	11	8	2	1	39	31	17
San Jose	11	7	2	2	34	22	16
Dallas	12	6	5	1	26	28	13
Phoenix	12	5	5	2	32	33	12
Los Angeles	10	3	5	2	22	31	8

Note: A team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OL (other loss) column.

Sunday's results
Detroit 3 Los Angeles 2
Edmonton 3 Columbus 1
Boston at Buffalo
Tampa Bay at NY Rangers
New Jersey at Pittsburgh
Chicago at Nashville

Saturday's results
Philadelphia 4 Carolina 3 (OT)
New Jersey 3 Pittsburgh 1
Winnipeg 1 Ottawa 0
Detroit 2 Edmonton 1
Phoenix 1 San Jose 0 (SO)
Buffalo 3 NY Islanders 2
Tampa Bay at Boston (ppd.)
Toronto 6 Montreal 0
Washington 5 Florida 0
Anaheim 6 St. Louis 5 (SO)
Minnesota 2 Nashville 1 (OT)
Vancouver 5 Calgary 1

Monday's games — All Times Eastern
Carolina at NY Islanders, 7 p.m.
Philadelphia at Toronto, 7 p.m.
San Jose at Columbus, 7 p.m.
Los Angeles at St. Louis, 8 p.m.
Phoenix at Colorado, 9 p.m.
Minnesota at Calgary, 9 p.m.

Tuesday's games
Carolina at New Jersey, 7 p.m.
NY Rangers at Boston, 7:30 p.m.
Montreal at Tampa Bay, 7:30 p.m.
Buffalo at Ottawa, 7:30 p.m.
Washington at Florida, 7:30 p.m.
Philadelphia at Winnipeg, 8 p.m.
San Jose at Nashville, 8 p.m.
Anaheim at Chicago, 8:30 p.m.
Dallas at Edmonton, 9:30 p.m.
Minnesota at Vancouver, 10 p.m.

NBA

PGA

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Final round
Par 72

Brandt Snedeker, $1,170,000	66-68-68-65—267
Chris Kirk, $702,000	71-68-64-66—269
James Hahn, $338,000	71-65-66-70—272
Kevin Stadler, $338,000	69-69-69-65—272
Jimmy Walker, $338,000	68-71-67-66—272
Jason Day, $234,000	68-68-70-67—273
Fredrik Jacobson, $209,625	71-66-70-67—274
Patrick Reed, $209,625	68-69-67-70—274
Retief Goosen, $175,500	71-68-67-69—275
James Driscoll, $175,500	72-67-67-69—275
Patrick Cantlay, $175,500	66-70-72-67—275
Justin Hicks, $131,625	71-68-70-67—276
Aaron Baddeley, $131,625	69-71-69-67—276
Bryce Molder, $131,625	71-72-69-64—276
Richard H. Lee, $131,625	68-71-66-71—276
Ted Potter, Jr., $94,250	67-67-73-70—277
Charlie Wi, $94,250	70-70-68-69—277
John Merrick, $94,250	68-67-74-68—277
William McGirt, $94,250	72-69-67-69—277
Sean O'Hair, $94,250	70-67-70-70—277
Hunter Mahan, $94,250	66-69-73-69—277
Robert Garrigus, $65,000	71-69-66-72—278
Kevin Na, $65,000	68-72-68-70—278
Cameron Tringale, $65,000	71-71-70-66—278
Jordan Spieth, $65,000	70-70-68-70—278
Also:	
Brad Fritsch, $24,700	**69-73-71-69—282**
Mike Weir, $15,184	**75-65-71-73—284**

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Miami	34	14	.708	—
New York	32	17	.653	2½
Indiana	31	20	.608	4½
Chicago	30	20	.600	5
Brooklyn	29	21	.580	6
Atlanta	27	22	.551	7½
Boston	27	23	.540	8
Milwaukee	25	24	.510	9½
Philadelphia	22	27	.449	12½
Detroit	20	32	.385	16
Toronto	**19**	**32**	**.373**	**16½**
Cleveland	16	35	.314	19½
Orlando	15	36	.294	20½
Washington	14	35	.286	20½
Charlotte	11	39	.220	24

WESTERN CONFERENCE

	W	L	Pct	GB
San Antonio	39	12	.765	—
Oklahoma City	38	12	.760	1/2
L.A. Clippers	36	17	.679	4
Memphis	32	18	.640	6½
Denver	33	19	.635	6½
Golden State	30	21	.588	9
Houston	28	24	.538	11½
Utah	28	24	.538	11½
Portland	25	26	.490	14
L.A. Lakers	24	28	.462	15½
Dallas	22	28	.440	16½
Minnesota	18	30	.375	19½
Sacramento	18	33	.353	21
Phoenix	17	34	.333	22
New Orleans	17	34	.333	22

Note: division leaders ranked in top three positions regardless of winning percentage.

Sunday's results
L.A. Clippers 102 New York 88
Miami 107 L.A. Lakers 97
Boston 118 Denver 114 (3OT)
Toronto 102 New Orleans 89
Orlando 110 Portland 104
Memphis 105 Minnesota 88
San Antonio at Brooklyn
Oklahoma City at Phoenix
Houston at Sacramento

Saturday's results
Denver 111 Cleveland 103
Philadelphia 87 Charlotte 76
Dallas 116 Golden State 91
Detroit 105 Milwaukee 100
Sacramento 120 Utah 109

Monday's games — All Times Eastern
L.A. Clippers at Philadelphia, 7 p.m.
Minnesota at Cleveland, 7 p.m.
Brooklyn at Indiana, 7 p.m.
Boston at Charlotte, 7 p.m.
New Orleans at Detroit, 7:30 p.m.
San Antonio at Chicago, 8 p.m.
Washington at Milwaukee, 8 p.m.
Atlanta at Dallas, 8:30 p.m.

See today's answers at metronews.ca/answers.

Horoscopes

♈ Aries
March 21 - April 20
Act with restraint today, even though someone you have dealings with deserves to be criticized. If you react too aggressively your words could have consequences you will not enjoy. Keep those sarcastic remarks to yourself.

♉ Taurus
April 21 - May 21
There is no point chasing after something too eagerly today, because the planets warn you are unlikely to catch up with it. Pretend you are not too bothered whether or not you get it – then you won't be disappointed.

♊ Gemini
May 22 - June 21
You may be in the mood for fun and games (as usual) but those around you don't seem to be in the mood to play. How frustrating. Just this once it looks like you will have to entertain yourself.

♋ Cancer
June 22 - July 23
Someone may try to intimidate you today but you must not let them see they are getting to you. Fortunately Cancers are very good actors, so make like you don't care and they will leave you alone.

♌ Leo
July 24 - Aug. 23
A battle of wills is likely. What you want to do is at odds with what a loved one wants to do. So what is the answer? Go your own ways and do your own things. You don't have to do everything together.

♍ Virgo
Aug. 24 - Sept. 23
Venus, planet of values, is linked to Saturn, planet of limitation, so most likely you will be prevented from doing something you want to do. By the end of the week you will realize it actually worked in your favor.

♎ Libra
Sept. 24 - Oct. 23
Don't waste time arguing about who thought of something first – you should be pulling together and making it work. It does not matter where ideas come from, it matters only what you do with them.

♏ Scorpio
Oct. 24 - Nov. 22
The important thing today is that you stay in control of your emotions. If you let other people get under your skin bad feelings could escalate quickly and there is no telling where you might end up. In the cells overnight?

♐ Sagittarius
Nov. 23 - Dec. 21
There are so many ideas running through your head that it's getting confusing. What you must do is sit down with a pen and notebook and write them all down. Only then can you start to make sense of your life.

♑ Capricorn
Dec. 22 - Jan. 20
Although you generally like things to stay as they are what happens today and over the coming week will remind you that nothing in life is permanent – and that's a good thing. Change works for you, so embrace it.

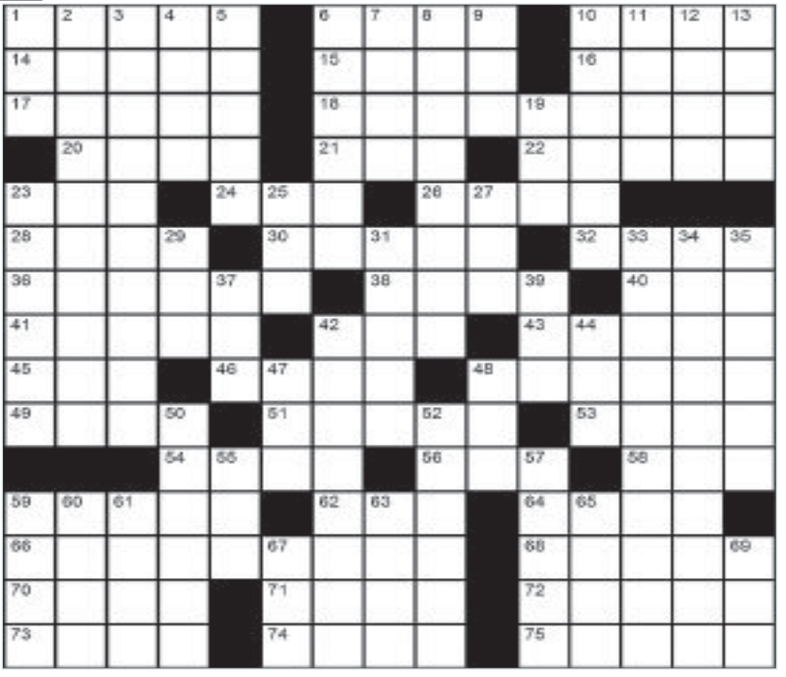
♒ Aquarius
Jan. 21 - Feb. 19
If someone you are fond of is moody and uncommunicative today don't try to push them. Give them the space they need to work out their problems and by this time tomorrow they will be bubbling again.

♓ Pisces
Feb. 20 - March 20
A project you had high hopes for has not worked out so well, which is disappointing, but don't be too unhappy about it. What did it teach you? There is always something you can carry on to the next task.

SALLY BROMPTON

Crossword: Canada Across and Down

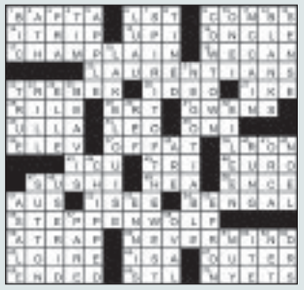
BY KELLY ANN BUCHANAN



Across
1. Quebec's __ Peninsula
6. Vogue and People, for short
10. The Grapes of Wrath family
14. Three: French
15. Film director Mr. Petri
16. Greasy
17. Dazes
18. Nova Scotia university
20. FOX musical dramedy
21. Geog. feature
22. Apprehension
23. Nuke
24. "Making Plans for Nigel" band
26. Business subj.
28. Util. bill
30. "One __ (__ the Body)" by The Rolling Stones
32. Spheres
36. Woolly camel-like animal
38. Lawyers, for short
40. Granola bit
41. Cartoon skunk Pepe: 2 wds.
42. 'Advert' suffix
43. Beatrice Arthur sitcom
45. Metal-bearing mineral
46. Royal Canadian __
48. Quandary
49. Ms. Banks
51. West: French
53. Ex-ruler of Iran
54. Connect
56. Pas' partners
58. Duran Duran hit
59. "Hang Ten" singer
62. Moo __ pork (Takeout dish)
64. Coconut fibre
66. Northwest†Passage searcher, Sir Martin __
68. Mr. McDowall of movies
70. Ms. Hatcher
71. Territory
72. Close by, to a poet
73. Director Mr. Mendes, and others
74. Li'l instruments
75. Busey and Sinise

Down
1. Lettered Mustang cars
2. AGO = __ __ of Ontario
3. Albert Schultz is the Founding Artistic Director of this Toronto theatre company
4. Tree type
5. County in England
6. Renaissance family of influence
7. Regrettably
8. Razors brand
9. Fifth music note, variantly
10. Reporter, for short, Brit-style
11. Van Gogh's Bank of the __ at Auvers
12. Et __ (And others, in Latin)
13. Tinted
19. Prefix with 'meter'
23. Fanatic
25. 1996 Snoop Dogg album: '__ Doggfather'
27. Cottage bed
29. Flight simulators co. headquartered in Saint-Laurent, QC
31. Flavour
33. Saskatchewan player
34. Covering up with a hat reason: 3 wds.
35. Prefix to 'scope'
37. Uniquely-spelled mountain basin
39. Clothing sizes letters
42. Stone land marker of the Inuit to guide Arctic travellers
44. Three-toed sloths
47. Suffix to 'Opt'
48. Harper Valley, e.g.
50. Courtroom cover stories
52. Blue cartoon creatures
55. Pasta names suffix
57. Neck, slang-style
59. Terrestrial stage newts
60. Ms. de Matteo
61. Earth crawler
63. Present
65. Charlie Chaplin's last wife
67. Actor Mr. Townsend, to pals
69. 12-month periods

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

	9	3					1	
5					6		4	
2			7		1	8		
	8			3		5		6
1		6		2			3	
		5	8		7			9
	3		9					8
	7					4	5	

Friday's Sudoku

1	4	3	5	6	7	2	8	9
6	7	9	3	8	2	1	4	5
5	8	2	1	4	9	7	3	6
3	9	7	4	1	8	5	6	2
4	1	5	2	3	6	8	9	7
8	2	6	9	7	5	3	1	4
2	5	4	8	9	3	6	7	1
9	6	8	7	5	1	4	2	3
7	3	1	6	2	4	9	5	8

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